

# HYPOTHERMIA TREATMENT

**01** **MINIMIZE** the casualty's exposure to the elements.

**02** **ENSURE** bleeding is controlled and assess for hemorrhagic shock.

**03** **OPEN** the active heating device and/or passive warming materials and remove the device or blanket.

**04** **EXPOSE** any active heating device to air (per manufacturers' guidance).

**05** **REMOVE** any wet clothing, replacing with dry clothes/ other dry materials, if possible.

**06** If applicable, **REMOVE** and **OPEN** warming shell completely, place casualty centered on it.



**STEP 02 NOTE:** Signs of hemorrhagic shock can include severe blood loss, altered mental status in the absence of a head injury, weak or absent radial (wrist) pulse, rapid or shallow breathing, pale skin or blotchy blue as shock progresses, sweaty but cool skin, confusion, restlessness or nervousness, nausea, and/or vomiting.

**07** **APPLY** the active heating device to the casualty.  
**CAUTION:** Do not place active heating device directly on the skin.

**08** If active heating device not available, **PLACE** passive warming materials (blanket, etc.) around casualty.

**09** **WRAP** entire passive warming materials completely around the casualty, incl. the head.  
**NOTE:** Do not cover up the casualty's face.

**10** **SECURE** the shell/blanket with tape.

**11** **MONITOR** the casualty closely for life-threatening conditions.

**12** **DOCUMENT** all findings and treatments on a DD Form 1380 TCCC Casualty Card.

