

**INDIVIDUAL SKILLS ASSESSMENT**  
**MODULE 11: Hypothermia Prevention**

DATE: \_\_\_\_\_

STUDENT NAME: \_\_\_\_\_

RANK: \_\_\_\_\_

INSTRUCTOR NAME: \_\_\_\_\_

ROSTER#: \_\_\_\_\_

**INSTRUCTION:** This Skills Assessment Checklist should be used by an instructor to grade a student’s ability to perform the individual SKILLS for the TCCC Combat Lifesaver (TCCC-CLS) Course. An instructor should use this form when performing the optional individual skills assessment associated with completing a skills station. To successfully demonstrate proficiency, the student should “PASS (P)” all the critical tasks (marked as “C”) on the checklist.

This checklist may also be used as a teaching tool at the skills station if the instructor chooses to grade students only during the culminating exercise tactical trauma assessment. Grading during the culminating exercise is mandatory for successful course completion, while grading individual skills during the skill stations is optional. Please note: There is also a Skills Assessment Checklist designed for performing a skills assessment as part of a culminating event, so the instructor can test all the required skills at once as part of a scenario-driven culminating exercise.

PERFORMANCE STEPS	1 <sup>st</sup> Attempt		2 <sup>nd</sup> Attempt	
	P	F	P	F
<b>HYPOTHERMIA TREATMENT</b>				
1. Minimized the casualty’s exposure to the elements.				
2. Ensured bleeding was controlled.	C			
3. Assessed for hemorrhagic shock by looking for severe blood loss, altered mental status in the absence of a head injury, weak or absent radial (wrist) pulse, rapid or shallow breathing, pale skin or blotchy blue as shock progresses, sweaty but cool skin, confusion, restlessness or nervousness, nausea, and/or vomiting.				
4. Opened the active heating blanket and removed it.	C			
5. Exposed any active heating blanket to air (per manufacturers’ guidance).	C			
6. Removed any wet clothes and replaced them with dry clothes/other dry materials, if possible.				
7. Removed the warming shell (if applicable), opened completely, and placed the casualty centered on the shell.				
8. Applied the active heating blanket to the casualty.	C			
9. If an active heating blanket was not available, placed passive warming materials (blanket, etc.) under and on the casualty.	C			
10. Wrapped the entire blanket-like shell (or passive warming materials) completely around the casualty, including the head.				
11. Secured the shell/blanket with tape.				



COMBAT LIFESAVER (CLS) TACTICAL COMBAT CASUALTY CARE  
**SKILLS ASSESSMENT CHECKLIST**



12. Monitored the casualty closely for life-threatening conditions.					
13. Documented all findings and treatments on a DD Form 1380 TCCC Casualty Card and attached it to the casualty.					

**Demonstrated TCCC Proficiency:**      **Yes**      **No**

**Notes:**

**Instructor Signature:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_