

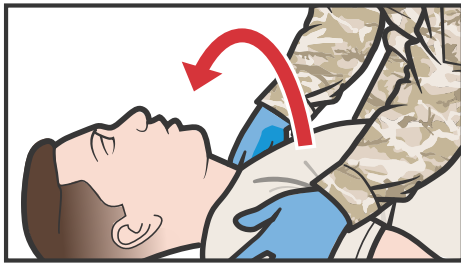
# HEAD-TILT/CHIN-LIFT

**NOTE:** DO NOT use if a spinal or neck injury is suspected.

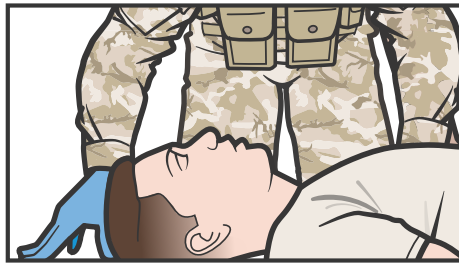


**CONSIDER** body substance isolation.

**NOTE:** If a Combat Lifesaver is available, direct them to assist.



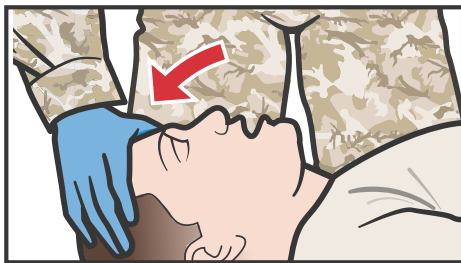
**01** **ROLL** the casualty onto their back, if necessary, and **PLACE** them on a hard, flat surface.



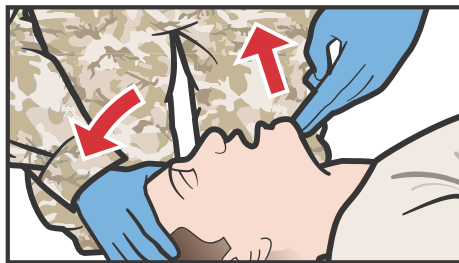
**02** **KNEEL** at the level of the casualty's shoulders. **POSITION** yourself at the casualty's side.



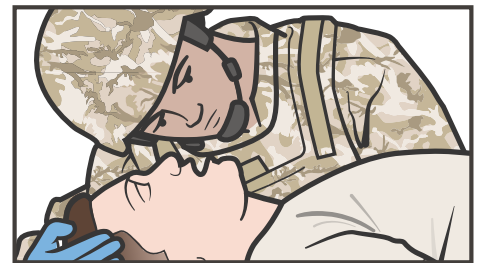
**03** **OPEN** mouth and **LOOK** for visible airway obstructions (e.g., lacerations, obstructions, broken teeth, burns, or swelling or other debris, such as vomit).  
**NOTE:** If foreign material or vomit is in mouth, remove as quickly as possible.  
**NOTE:** **NO** blind finger sweeps.



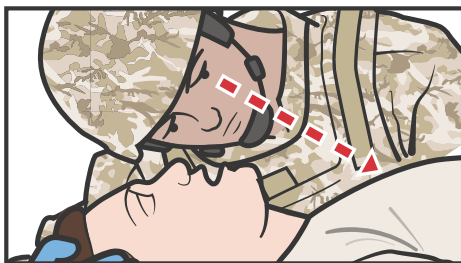
**04** **PLACE** one hand on casualty's forehead. **APPLY** firm, backward pressure with the palm to tilt the head back.



**05** **PLACE** fingertips of other hand under the bony part of lower jaw and lift, bringing the chin forward.  
**NOTE:** Do not use thumb to lift the chin.



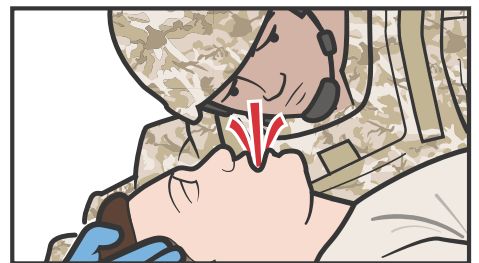
**06** While maintaining the open airway, **PLACE** ear over mouth and nose, looking toward chest and stomach.



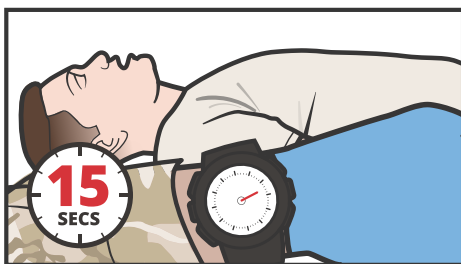
**07** **LOOK** for the chest to rise and fall.



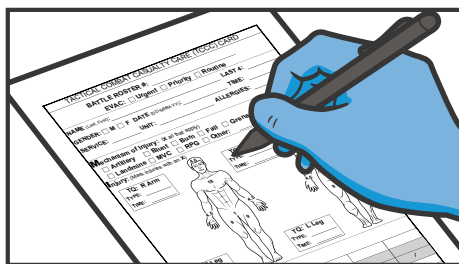
**08** **LISTEN** for air escaping during exhalation.



**09** **FEEL** for the flow of air on the side of your face.



**10** **MEASURE** the respiratory rate.



**11** **DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card and attach it to the casualty.