





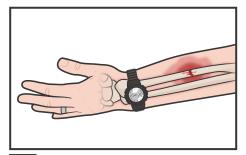


## RIGID SPLINT INSTRUCTION



**CONSIDER** body substance isolation.

NOTE: If a Combat Lifesaver (CLS) is available, direct them to assist.



**IDENTIFY** the location of the fracture and place the extremity in a neutral position or position of function.

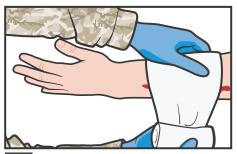


**ASSESS** pulse, motor, and sensory (PMS) function distal to fracture.

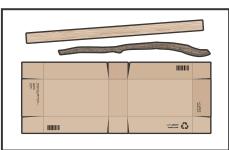


**REMOVE** jewelry, watch, clothing, and/or boots as the situation dictates.

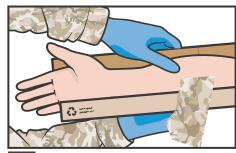
**STEP 1 NOTE:** Direct the CLS or other first responder to manually stabilize the fracture site (without gross movement), when appropriate.



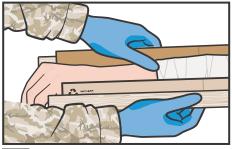
**ENSURE** that any open injuries are bandaged and bleeding has been controlled.



**SELECT** the proper splinting material (e.g., boards, rigid poles, folded cardboard, padding materials and material to secure the splint to the extremity).



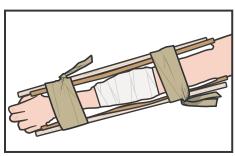
**MEASURE AND SHAPE** the splint(s) on the uninjured extremity.



**APPLY** the splint(s) to the injured extremity with the limb in a position of function (a normal resting position), avoiding gross movement if possible.



the splint, filling voids and protecting bony prominences, to make it more comfortable.



TIE cravats or cloth strips (and ensure that knots are tied over splinting material, not on the arm) or wrap elastic bandages around the splint to secure it in place.

**STEP 9 NOTE:** When using cravats, one must be placed proximal and the other distal to the fracture (if possible), understanding that in the case of a very proximal or distal fracture, this might not be possible.

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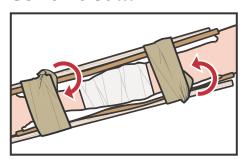




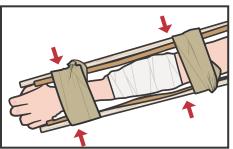


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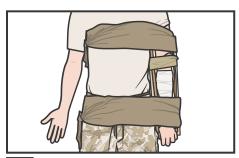
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**TUCK** in the ends of the cravats so that they will not get caught on obstacles during movement.



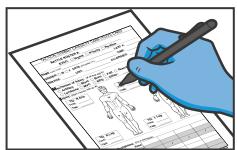
**ENSURE** the joints above and below the fracture are immobilized in the splint whenever possible.



**SECURE** the entire injured extremity (when appropriate). For example, a sling and swathe may be indicated to keep an arm fracture stabilized during transport.

**NOTE:** During movement, litter straps may keep the extremity from moving, but ensure the strap does not apply pressure directly on the fracture site.

- **REASSESS** PMS (if PMS is no longer palpable, loosen the splint, reposition, and reapply the splint).
- **ADMINISTER** pain medications as needed and antibiotics for any open fracture(s).



**DOCUMENT** all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.